

Fire

Fire is most commonly honoured with a red candle in the South. It is associated with noon and summertime, with passion and will and energy and effort, with potent sun-gods and reigning mother goddesses, or fierce warriors and powerful creators.

Read up on Fire, as described by a number of different Wiccan authors. Study Fire suits in Tarot decks. What are the values and strengths of Fire? What are some of its negative aspects?

Cast a circle, invoking all four quarters as usual, but paying special attention to your invocation of Fire. Decorate the circle with symbols of Fire, burn a Fire incense, invoke Fire-related deities, etc. Do you know any chants specific to Fire? A Fire ritual is an especially good time for dancing and drumming, for energy work of all sorts, for passionate love spells (with the consent of the target) and fertility magic, for making ritual candles, or to consecrate Fire-related tools. At the end of the ritual, thank and dismiss the other Elements, but ask Fire to gently guide your learning over the next few days.

During the week, pay attention to the many manifestations of Fire in your life. Notice the sun's heat, the brightness of lights and visual images, the heat of strong spices, the rhythms of energies and desires in your life, the passions of others around you. Wear bright, fiery colours. Are there any unresolved Fire-related issues in your life?

At the end of the week, cast another Fire-rich circle. Make notes in your BoS about the lessons Fire has taught you over the past week. Take a blank sheet of paper and fill it, stream-of-consciousness style, with words and phrases and fragments relating to Fire. Thank the powers of Fire for the lessons of the past few days, then as you end the ritual bid them a firm "Hail and Farewell."

Take a few days to restore the balance among the Elements in your life before beginning the next exercise.